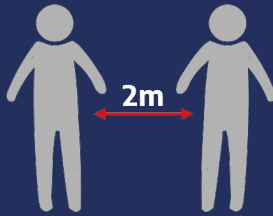


PROTECT OUR SPORT, PROTECT EACH OTHER

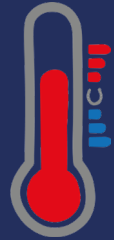
Guidance for a **safe** return to action with British Dressage



Follow public health guidance for hygiene



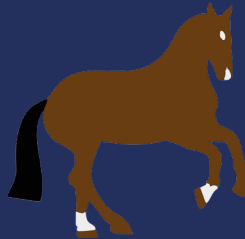
Maintain social distancing at all times



Do not ride or visit the yard if you're feeling unwell



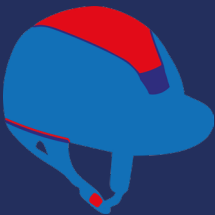
Use your own equipment for horse and rider



Ride and train outdoors safely, within your capabilities



Coaches and riders in England can travel for one to one training



Wear up to standard safety equipment



Minimise contact, use online booking and payment



Respect the views and opinions of other members



For further advice for riders, coaches and officials visit www.britishdressage.co.uk

